

Reimbursable items under a Flexible Spending Account:

Items reimbursed with a receipt. Quantities allowed may be limited. Receipt must contain the vendor, name of medical item, date of purchase and amount of purchase. Only health care expenses not reimbursed by insurance can be claimed. If you use your Flex Prepaid Card, you do not need to turn in a receipt unless we request one. Remember to keep all receipts.

- Antacids/acid reducers
- Acne treatments (non-cosmetic)
- Allergy medicine
- Ambulance not paid by insurance
- Analgesics/pain relievers
- Anti-diarrhea/anti-gas medicine
- Antibiotic cream
- Antihistamines/decongestants
- Aspirin
- Athlete's foot cream, ointment, lotion
- Bandages/Band-aids®
- Calamine lotion
- Carpal tunnel wrist supports
- Chiropractic care not paid by insurance
- Cold medications, cough drops, cough syrups
- Cold/hot packs for injuries
- Contact lens cleaning solution
- Cortisone cream
- Diabetic supplies
- Deductible and copayments
- Dental expenses (not cosmetic)
- Diagnostic devices
- Diaper rash cream, lotion, ointment
- Electrolyte drinks for child's dehydration
- Eye drops and products
- Eyeglasses
- First aid cream, kits, lotion, ointment, sprays
- Flu medicines
- Hearing aids and batteries
- Hemorrhoid cream, ointment, suppositories
- Hydrogen peroxide
- Incontinence supplies
- Insulin
- Insect bite cream, lotion, ointment
- Jock itch cream, lotion, ointment
- Laser eye surgery
- Laxatives
- Lice treatments
- Medic alert necklace and bracelet
- Menstrual cycle discomfort medicine
- Migraine medicine
- Motion sickness medicine
- Muscle or joint pain products
- Nasal sprays and nasal strips
- Optometrist expenses
- Orthodontic expenses
- Ovulation monitor
- Pain relief medicines
- Physician expenses not paid by insurance
- Pregnancy test kits
- Prenatal vitamins
- Prescription drugs and medicines
- Reading glasses
- Ringworm treatments
- Rubbing alcohol
- Screening kit (detect cancer, HIV, etc)
- Sinus medicines
- Stomach and intestinal medicines
- Smoking cessation aids*
- Sunburn cream, lotion, ointment
- Sunscreen
- Taxes on medical services and products
- Thermometers (ear, mouth or rectal)
- Throat lozenges and sprays
- Wart remover treatments
- Wound cleaning solutions
- X-ray fees not paid by insurance

*Certain requirements must be met for these items to be reimbursed.

Items not reimbursable:

- Body spray
- Chap stick, lip balm
- Cosmetics
- Dental floss
- Dental rinse
- Deodorant
- Diapers (baby or diaper service)
- Dietary supplements to improve and maintain general health
- Eye cream
- Face cream
- Feminine hygiene products in most situations
- Hand lotion
- Herbal medicines to improve and maintain general health
- Make-up
- Moisturizer
- Mouthwash
- Perfume
- Personal use items
- Shampoo
- Shaving brushes and creams
- Soap
- Toothbrushes (including electric)
- Toothpaste
- Vitamins for general health
- Teeth whitening and bleaching products

Reimbursable with a physician's letter of medical necessity:

Items reimbursed with a receipt when accompanied by a physician's letter. Quantities allowed may be limited. Receipt must state vendor, name of medical item, date of purchase and amount of purchase.

- Dietary supplements or herbal medicines to treat specific medical conditions
- Ear plugs for medical conditions
- Feminine hygiene products in certain situations
- Fiber supplements if taken to treat specific medical conditions
- Glucosamine/chondroitin for arthritis or other medical condition
- Hormone treatment and therapy for menopause symptoms
- Lactose intolerance medication
- Medicated shampoo and soap
- Orthopedic shoes and inserts
- St. John's Wort (for depression)
- Vitamins to treat specific medical conditions
- Weight-loss drugs to treat diagnosed diseases



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