

"The best things in life aren't things" is one of Cathy's favorite quotes. With her family and friends by her side, Cathy believes the Avera Race Against Breast Cancer is beneficial because it brings so many people together for the common goal of curing breast cancer. "It's hard to admit help is needed but it's not only good for you; it makes others feel good too."



*Cathy Nielson*

S U R V I V O R   S I N C E   2 0 0 9



*Look no further.*

